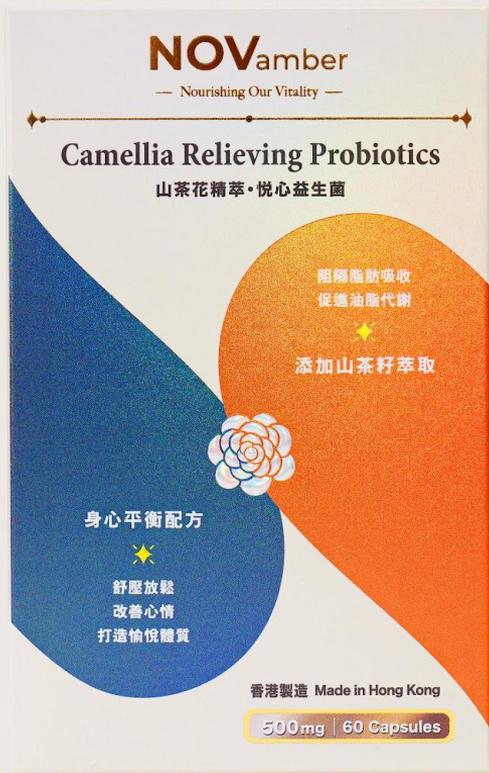




NOVember  
NOVember  
十一悦

BELIEVE | Nourishing Our Vitality  
ACHIEVE | let your skin say you're loved

# 悦心益生菌 Camellia Relieving Probiotics



## A Simple Probiotics:

Body & mind balancing formula:  
Relieve stress and relax, improve mood,  
create a pleasant physique

Effectively sooth stomach & intestines:  
Improve digestion, relieve stool, and  
maintain intestinal health.

Specially added camellia seed extract:  
Block fat absorption and promote oil  
metabolism.

Unique microcapsule three-layer live  
bacteria embedding technology:  
Temperature resistance, oxidation  
resistance, acid resistance.

# 悦心益生菌

## Camellia Relieving Probiotics



The intestinal tract is **the second brain**, the foundation of human circulation, and the key bridge **connecting physiology and psychology**.

With millions of neurons in the gut, **gut health** is linked to overall physical and mental health.

Maintaining the richness of intestinal microbial flora is one of the modern methods of staying in good health.

It contains **three major probiotics** to balance intestinal ecological health and care for mood. Three major patented strains including: Bifidobacterium breve CCFM1025, Lactobacillus plantarum LPL28, and Lactobacillus acidophilus TYCA06.

It has been **clinically verified** that they can improve sleep quality. Camellia seed extract is specially added to increase the active concentration of strains. Contributing to the improvement of both gastrointestinal discomfort and emotional problems.

# 悦心益生菌 Camellia Relieving Probiotics



腸道為第二大腦，亦是人體循環的根本，連結生理跟心理的關鍵橋梁。腸道擁有數百萬個神經元，腸道健康與整體身心健康息息相關，保養腸道微生物群的豐富度，是現代養生的方法之一。

『十一悅』山茶花精粹悦心益生菌，融合三大益生菌，平衡腸道生態健康，呵護心情。三大專利菌株，經臨床驗證，能改善睡眠品質。特別添加山茶籽萃取，提升菌種活性濃度，同時改善腸胃不適及情緒問題。

**【抗壓之星】**

- **植物乳桿菌 *Lactobacillus plantarum* LPL28**：菌株編號LPL28的植物乳桿菌，被專家視為益生菌中的冠軍，具有活性高、生命力強的特性，可以抑制消化道內產氣的細菌生長，幫助消化道防護，定強率高且耐酸鹼，能夠有效幫助調整體質。日常在許多發酵食品如泡菜、醃菜、鹽漬橄欖中，都能夠發現植物乳桿菌。植物乳桿菌已經在實驗中被發現可以增加海馬體的腦源性神經營養因子，對關注腦部和情緒健康的人士有正面的作用。
- **嗜酸乳桿菌 *Lactobacillus acidophilus* TYCA06**：身份證為TYCA06的具有延緩腎臟病的研究實證，減少引炎類腎毒素生成，調節腸道菌叢，減少發炎激素，進而降低慢性腎病發炎問題。
- **短雙歧桿菌 *Bifidobacterium breve* CCFM1025**：皮膚醇俗稱「壓力賀爾蒙」，研究顯示皮膚醇的增加，會影響睡眠品質下降及憂鬱狀態，而短雙歧桿菌CCFM1025能提降低皮膚醇含量。而影響人類心情的幸福賀爾蒙「血清素」，就有八成以上產自於人體腸道。根據研究顯示，短雙歧桿菌CCFM1025，能藉由消化道，降低患者的緊繃壓力及提升睡眠品質。
- **山茶花籽**：山茶籽萃取物可以抑制體內胰脂解酶的作用，減少脂肪被人體吸收，減低體內三酸甘油脂的合成，以及加速腸蠕動促進油脂代謝。山茶籽萃取物含多酚和兒茶素等抗氧化劑，有助保護肌膚免受自由基侵害，並促進肌膚更均勻膚色，配合飽滿睡眠更加容光煥發。

**【成份】**：植物乳桿菌LPL28、嗜酸乳桿菌TYCA06、短雙歧桿菌CCFM1025、山茶花籽萃取物、微晶纖維素、硬脂酸鎂、明膠膠囊

**【Ingredients】**：Lactobacillus plantarum LPL28, Lactobacillus acidophilus TYCA06, Bifidobacterium breve CCFM1025, Camellia seeds extract, Microcrystalline cellulose, Magnesium stearate, Gelatin capsules

## Lactobacillus plantarum LPL28

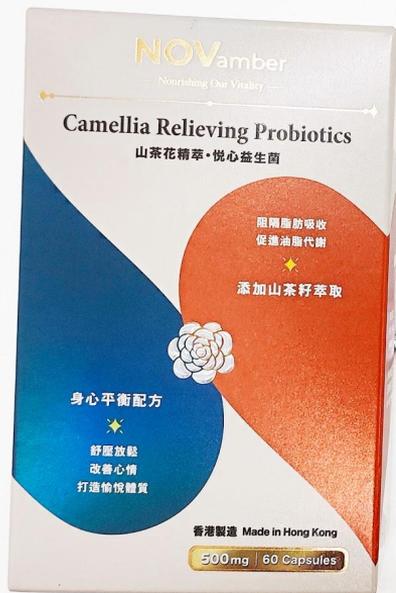
Lactobacillus plantarum, strain number LP28, is regarded by experts as the champion among probiotics. It has high activity and strong vitality. It can inhibit the growth of gas-producing bacteria in the digestive tract, help protect the digestive tract, has a high colonization rate and is acid and alkali resistant. It can effectively help adjust the physique.

It can be found in many fermented foods such as kimchi, pickles, and salted olives. Lactobacillus plantarum has been found in experiments to increase brain-derived neurotrophic factor in the hippocampus, which has a positive effect on people concerned about brain and emotional health.

References:

<https://microbiologyjournal.org/the-function-of-mixed-postbiotic-pe0401-in-improving-intestinal-health-via-elevating-anti-inflammation-anti-oxidation-epithelial-tight-junction-gene-expression-and-promoting-beneficial-bacteria-grow/>

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## Lactobacillus acidophilus TYCA06

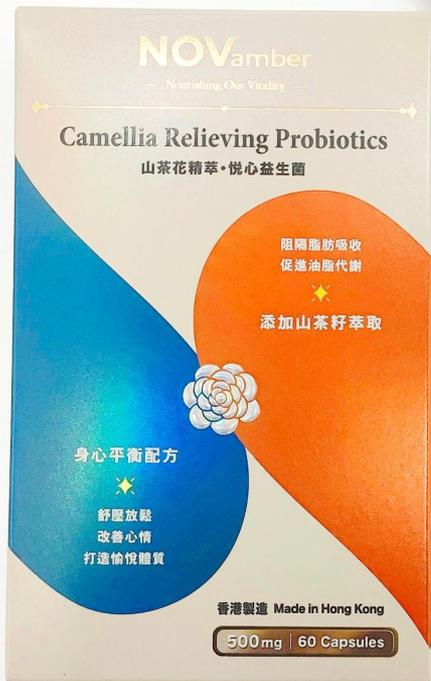
TYCA06 can protect kidneys, regulate blood sugar, and maintain intestinal health. It has research evidence of delaying kidney disease, reducing the production of nephrotoxin, regulating intestinal flora, reducing inflammatory hormones, thereby reducing the inflammation of chronic kidney disease.

The glomerular filtration rate eGFR is the main important indicator of chronic kidney disease grading. It refers to the ability of the kidneys to remove toxins from the body. Patients with chronic kidney disease have gradually degraded renal function and eGFR will gradually decline. Patients with chronic kidney disease use probiotic combinations including TYCA06. After 3 months, the decline of eGFR can be significantly delayed, indicating that long-term consumption of relevant probiotics can slow down the deterioration of renal function.

Patients with chronic kidney disease cannot effectively metabolize waste in the body, so the endotoxin and inflammatory index in the blood are significantly higher than that of normal people. After six months, patients with chronic kidney disease can significantly delay the growth of toxins and inflammatory factors in the blood. Long-term consumption can reduce the inflammatory response caused by kidney disease.

Reference: Effect of a Probiotic Combination in an Experimental Mouse Model and Clinical Patients With Chronic Kidney Disease: A Pilot Study <https://pubmed.ncbi.nlm.nih.gov/34136518/>

# 悦心益生菌 Camellia Relieving Probiotics



## Bifidobacterium breve CCFM1025

Cortisol is commonly known as the "stress hormone". Studies have shown that the increase of cortisol will affect sleep quality and depression, and Bifidobacterium breve CCFM1025 can reduce the level of cortisol. The happiness hormone "serotonin", which affects human mood, has over 80% being produced in the intestinal tract. Studies have shown that Bifidobacterium breve CCFM1025 can reduce patients' tension and stress and improve sleep quality through the digestive tract.

Reference: Bifidobacterium breve CCFM1025 attenuates major depression disorder via regulating gut microbiome and tryptophan metabolism: A randomized clinical trial  
<https://pubmed.ncbi.nlm.nih.gov/34875345/>

Bifidobacterium breve CCFM1025 Improves Sleep Quality via Regulating the Activity of the HPA Axis: A Randomized Clinical Trial  
<https://pubmed.ncbi.nlm.nih.gov/37960353/>

## 悦心益生菌 Camellia Relieving Probiotics



## Camellia seeds extract

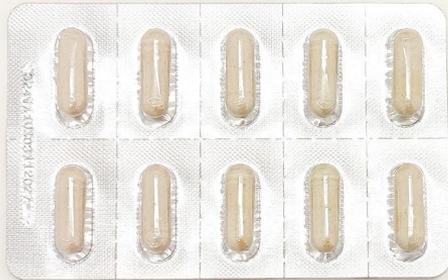
Camellia seed extract can inhibit the action of pancreatic lipolytic enzymes in the body, reduce the absorption of fat by the human body, reduce the synthesis of triglycerides, and increase intestinal peristalsis to promote oil metabolism.

Camellia seed extract is rich in antioxidants such as polyphenols and catechins, which can help protect skin from free radicals, promote even skin tone, and make it more radiant with full sleep.

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# 悦心益生菌

## Camellia Relieving Probiotics



### Health effects:

Maintain intestinal health, improve constipation and diarrhea, relieve flatulence and gastrointestinal discomfort, improve digestive function, enhance immunity, calm the mind, promote gastrointestinal digestion and absorption, and improve sleep quality.

### Applicable population:

Frequent eating out, overeating, high-fat and high-sugar diets, sedentary, obese people, people with intestinal sensitivity, high stress, overnight working, works under stress, irregular work and rest, people with recurrent sleep problems.

# 悦心益生菌 Camellia Relieving Probiotics



Recommended dosage: Oral, once a day, 2 capsules each time (probiotics are easily affected in humid environment, please take them as soon as possible after opening).

Product specifications: 60 capsules per box, 500 mg per capsule.

Shelf life: 36 months

Testing:: Passed residual pesticide, heavy metal and microbial test, and met safety standards.

Storage: Seal, avoid direct sunlight, keep in a cool and dry place, and out of the reach of children.

Note: This product is made of natural raw materials. It is normal that the color of each batch of products can be slightly different. Rest assured that they are safe to use.

Not applicable to: Pregnant or breastfeeding women, children under the age of 18.

Tip: This product is a dietary supplement and cannot replace drugs. Please take it according to the recommended daily dosage. Please stop using it when your body feels abnormal and consult a professional doctor.

Place of origin: Made in Hong Kong

# "Anti-Stress Star" Camellia Essence Relieving Probiotics (03)



## Main ingredients

- Lactobacillus plantarum LPL28
- Lactobacillus acidophilus TYCA06
- Bifidobacterium breve CCFM1025
- Camellia seeds extract

## FAQ

Q: When is it suitable to take every day?

A: It is recommended to take it with or after meals, two capsules a day.

Q: How long does it take to see the effect?

A: Three months/three boxes are recommended as an auxiliary phase.

Q: Can I take it for a long time?

A: Yes, maintain the balance of intestinal microorganisms and continue to promote metabolism.

Q: Do I need to refrigerate it?

A: It can be stored at room temperature without refrigeration. It contains a high-tech patented freeze-drying process and can maintain probiotic activity at room temperature.



## Regeneration effect of NOVamber products

NOVamber brings energy-concentrated products to help you cultivate a stable foundation at every stage of life in the future, not only for your skin, but also from the inside out, allowing you to accumulate the wisdom in the past for holistic mind and body vitality.

“While living a life, you can have more abundance to enjoy a quality life”

Beauty without makeup: stabilize the skin foundation, get up in the morning with a rosy face and rebuild your natural beauty.

Own natural makeup: picked from nature blended with the essence of four seasons, fundamentally improve your physical condition.

Nature is your makeup: the products are natural, supported by scientific research, simple, easy to use, and the effect is lasting.

Translucent and comfortable from the inside out: a healthy body & a good complexion is because all the body systems are balanced.



# Find Us

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